

The modular portable sports station, everything fits in the box!



- ✓ Developed for military forces to organize cross-training sessions during operation.
- ✓ A French invention designed in Aluminum and Stainless steel which guarantee its robustness and optimal weight.
- ✓ Organize your sessions Indoor or Outdoor, 10 minutes are enough to install or store the structure in the box.
- ✓ Mini size thanks to its transport case that brings stability to the sport station once deployed.
- ✓ Patent filed.



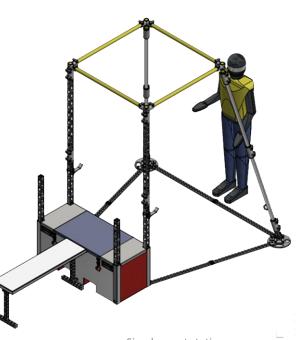


Removable wheels for easy transport and mini size. Stacking container and opening for handling equipment.



Ease of assembly of the sport station frame with its square tubular structure with screw sleeves. (clamping tools provided)

J-cups for bench press and squat practice.



Simple sport station with his weight bench.



Removable sports stations for express sessions, with or without a coach.

iples cices		Examples accessories
l bar	 MOPS[®] can be supplemented by an accessory pack to optimize its circuit training with tackle on the structure and nearby. 	Fitness rings
tion		Suspension strap
the box		
ps	 Many exercices are possible, mainly using the weight of the body, and allow to work the entire musculature. 	Elastic band
minal		Skipping rope
bone		
' Triceps	✓ System of J-cups allows the practice of the squat or bench press with the weight bench (bar and weight not provided).	Wheel with abs
èze		Mat
onal :	Recommended to be supervised by a qualified sports instructor or specialist when using MOPS® with additional charges.	Weighted vest
press		
Jat		Push-ups cuffs

✓ Made of Aluminum and Stainless steel to bind robustness, transportability and use at all weather.
 ✓ Discretion and longevity with anodized finish.

STANDARD

Squ

Exam exerc

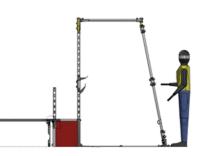
Fixed

Jump on t Dip Abdom Backb Biceps / 1 Trapèz Optior

> ✓ Tests succesfully completed by CRITT SPORT LOISIRS following a protocol based on standard NF EN ISO 20957 11/2013.

Non-contractual photo





Simple sport station		1-8 people	
Вох	L/I/h (ft) weight (lb)	3,96 / 1,64 / 1,64 79,36	
Structure	L/I/h (ft) weight (lb)	5,71 / 7,37 / 7,71 145,50	
Bench + poles BP	L/I/h (ft) weight (lb)	3,44/ 0,98/ 1,64 41,88	
Total	L/I/h (ft) weight (lb)	10,79/ 7,37 / 7,70 266,76	

Other versions available :



