
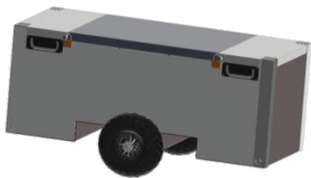




*The modular and transportable sport station*

## *Sport differently*

- ✓ Developed for military forces to organize cross-training sessions during operation.
- ✓ French manufacture in Aluminium and Stainless steel guarantee its robustness with optimal weight. 
- ✓ Organize your sessions Indoor or Outdoor, 10 minutes are enough to install or store the structure in the box.
- ✓ Mini size thanks to its transport case that brings stability to the sport station once deployed.
- ✓ International patent filed.



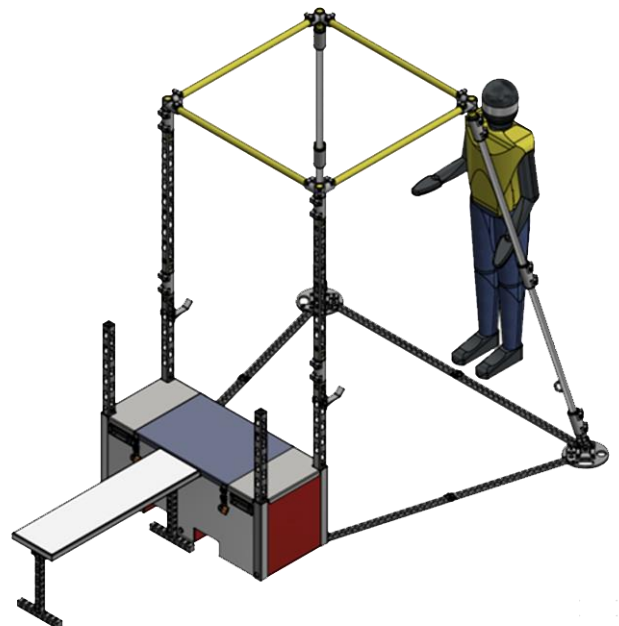
Removable wheels for easy transport and mini size.  
Stacking container and opening for handling equipment.



Ease of assembly of the sport station frame with its square tubular structure with screw sleeves. (clamping tools provided)



J-cups for bench press and squat practice.



Simple sport station with his weight bench.

With the support of :



Information and contact :

[contact@mops-sport.fr](mailto:contact@mops-sport.fr)



[www.mops-sport.fr](http://www.mops-sport.fr)

Manufacture :



# Removable sports stations for express sessions, with or without a coach.

Examples exercices
Fixed bar
Traction
Jump on the box
Dips
Abdominal
Backbone
Biceps / Triceps
Trapèze...
Optional :
Bench press
Squat

- ✓ **MOPS®** can be supplemented by an accessory pack to optimize its circuit training with tackle on the structure and nearby.
- ✓ Many exercices are possible, mainly using the weight of the body, and allow to work the entire musculature.
- ✓ System of J-cups allows the practice of the squat or bench press with the weight bench (bar and weight not provided).

*Recommended to be supervised by a qualified sports instructor or specialist when using MOPS® with additional charges.*

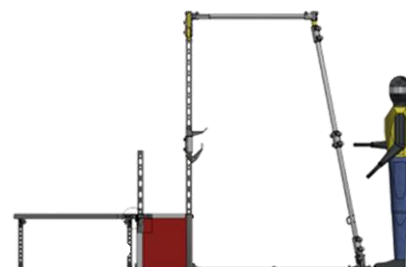
Examples accessories
Fitness rings
Suspension strap
Elastic band
Skipping rope
Wheel with abs
Mat
Weighted vest
Push-ups cuffs

**QUALITE**

- ✓ Made of Aluminium and Stainless steel to bind robustness, transportability and use at all weather.
- ✓ Discretion and longevity with anodized finish.

**STANDARD**

- ✓ Tests succesfully completed by CRITT SPORT LOISIRS following a protocol based on standard NF EN ISO 20957 11/2013.



Simple sport station		1-8 people
<b>Box</b>	L / l / h (ft) weight (lb)	3,96 / 1,64 / 1,64 79,36
<b>Structure</b>	L / l / h (ft) weight (lb)	5,71 / 7,37 / 7,71 145,50
<b>Bench</b> + poles BP	L / l / h (ft) weight (lb)	3,44 / 0,98 / 1,64 41,88
<b>Total</b>	L / l / h (ft) weight (lb)	10,79 / 7,37 / 7,70 266,76

Other versions available :

